



St Cuthberts Ormesby

Building the Church Building the Kingdom

Sunday 6th June

1st Sunday

after Trinity

WELCOME TO OUR CHURCH

A message from our Deacon, Revd. Janet Caldwell

In the weeks ahead our new PCC will hopefully be able to meet again in person to discuss and plan the way forward for St Cuthberts.

All churches in the York Diocese currently have challenges regarding the need to increase numbers in the community of the faithful, whilst meeting various financial commitments at a time of readjustment and economic uncertainty following the global pandemic.

Throughout my life of faith, there has never been a time when Christian churches were 'challenge free'. Look how St Paul wrote to the fledgling church at Corinth who faced many difficulties including persecution. We do not, thank God, have that. So; I urge you to take heart. By prayerful ways and your continued commitment, though we are few in number at present, we will continue as a Christian community here in Ormesby, bearing faithful witness to the Lord who loves us and always remembering that the good news of Jesus Christ is a gospel of hope.

With every blessing
Deacon Janet

Please turn to page 5 of this leaflet for today's prayers and readings.

Regular services during lockdown

Sundays: Holy Communion at 10 a.m.

Our regular Sunday service of Holy Communion is still permitted ***on condition that we comply with the Government's rules.***

We are sorry to have to be so restrictive, but we must try to keep everyone safe, so as our services take place indoors:

- **you must wear a face covering while you are in the building**
- **you must come on your own or with members of your household or bubble**
- **you must not “mingle” with anyone else while you are in the building**
- **there will be communion in one kind only with no common cup**
- **congregational singing is not allowed**
- **we may not offer refreshments after the service**

Government guidance includes a request that we record the names of attendees and visitors.

Please enter your details on the attendance sheet or scan the QR code on your smartphone. These records are kept for 21 days, to assist track-and-trace if required. All information is dealt with as required by GDPR and the records will be securely disposed of after 21 days.

Café Church: This will be replaced by Holy Communion until further notice.

Wednesdays at 10.00: Holy Communion

(Please listen for announcements in church or check the pewsheet or website for any variations).

Check the church website or Facebook page for up- to- date news of any other activities at: www.stcuthbertsormesby.org.uk,

or contact one of the people listed below.

Deacon:	Revd. Janet Caldwell	01642 454790
Reader-in-training:	Elizabeth Furnell	01642 293108
Church Warden:	Janet Danks	01642 321347
Church Warden:	Elaine Boyle	07794621752

Wedding and Baptism enquiries

The Tuesday evening office hours at the church have been resumed. No need to book, just come along to St Cuthbert's on Tuesday evenings between 6pm and 7pm.

You can also fill in an online application, find it under "Life Events" in the menu bar on the Church's website at

www.stcuthbertsormesby.org.uk,

Safeguarding

Useful phone numbers:

Childline:	0800111	NSPCC:	08088005000
Womens Aid:	08088029999	Samaritans:	116123
Mind:	0300123339		

**Diocese of York.
Keep up with the news at:**

www.dioceseofyork.org.uk/thenews

also available on the Church Website:

<https://stcuthbertsormesby.org.uk/newsletters/>

Giving: a message from our treasurer.

Hebrews 13.16:

“Do not neglect to do good and to share what you have”,
I would like to thank all those members of our congregation who have embraced contactless methods as well as those who are giving through the planned giving envelopes to continue to support St Cuthberts. Please continue to put away your weekly envelope contributions and If you can donate online please do so. All details are on our website If you are donating more than £30 you might consider gift aiding it; if you can't go on line, contact Ian for a form to fill in.



Smartphone owners, point your camera at the QR code to the left to open the web browser on your phone at a page allowing you to choose the amount you would like to donate.

The Collect for the first Sunday after Trinity

O God,
the strength of all those who put their trust in you,
mercifully accept our prayers
and, because through the weakness of our mortal nature
we can do no good thing without you,
grant us the help of your grace,
that in the keeping of your commandments
we may please you both in will and deed;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

The Bible Readings for the first Sunday after Trinity

The Old Testament Reading, Genesis 3:8-15

They heard the sound of the LORD God walking in the garden at the time of the evening breeze, and the man and his wife hid themselves from the presence of the LORD God among the trees of the garden. But the LORD God called to the man, and said to him, "Where are you?" He said, "I heard the sound of you in the garden, and I was afraid, because I was naked; and I hid myself." He said, "Who told you that you were naked? Have you eaten from the tree of which I commanded you not to eat?" The man said, "The woman whom you gave to be with me, she gave me fruit from the tree, and I ate." Then the LORD God said to the woman, "What is this that you have done?" The woman said, "The serpent tricked me, and I ate." The LORD God said to the serpent,

“Because you have done this,
 cursed are you among all animals
 and among all wild creatures;
upon your belly you shall go,
 and dust you shall eat
 all the days of your life.

I will put enmity between you and the woman,
 and between your offspring and hers;
he will strike your head,
 and you will strike his heel.”

The Epistle, 2 Corinthians 4:13-5:1

Just as we have the same spirit of faith that is in accordance with scripture—“I believed, and so I spoke” —we also believe, and so we speak, because we know that the one who raised the Lord Jesus will raise us also with Jesus, and will bring us with you into his presence. Yes, everything is for your sake, so that grace, as it extends to more and more people, may increase thanksgiving, to the glory of God. So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, because we look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal.

For we know that if the earthly tent we live in is destroyed, we have a building from God, a house not made with hands, eternal in the heavens.

The Gospel Mark 3:20-35

The crowd came together again, so that Jesus and his disciples could not even eat. When his family heard it, they went out to restrain him, for people were saying, “He has gone out of his mind.” And the scribes who came down from Jerusalem said, “He has Beelzebul, and by the ruler of the demons he casts out demons.” And he called them to him, and spoke to them in

parables, “How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot stand. And if a house is divided against itself, that house will not be able to stand. And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. But no one can enter a strong man’s house and plunder his property without first tying up the strong man; then indeed the house can be plundered.

“Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin”—for they had said, “He has an unclean spirit.”

Then his mother and his brothers came; and standing outside, they sent to him and called him. A crowd was sitting around him; and they said to him, “Your mother and your brothers and sisters are outside, asking for you.” And he replied, “Who are my mother and my brothers?” And looking at those who sat around him, he said, “Here are my mother and my brothers! Whoever does the will of God is my brother and sister and mother.”

The Bible passages are reproduced from The New Revised Standard Version. (NRSV)

Post Communion Prayer for The first Sunday after Trinity

Eternal Father,
we thank you for nourishing us
with these heavenly gifts:
may our communion strengthen us in faith,
build us up in hope,
and make us grow in love;
for the sake of Jesus Christ our Lord.

this is what the
LORD
+ says:
I have heard
your prayer
AND I will
heal you

2 KINGS 20:5

A prayer for all those affected by coronavirus

Keep us, good Lord,
under the shadow of your mercy.
Sustain and support the anxious,
be with those who care for the sick,
and lift up all who are brought low;
that we may find comfort
knowing that nothing can separate us
from your love
in Christ Jesus our Lord.
Amen.



A Prayer for Healing

*At every moment of our existence
you are present to us, God,
in gentle compassion.*

*Help us to be present to one another
so that our presence may be a strength
that heals the wounds of time,*

*and gives hope that is for all persons
through Jesus our compassionate brother.*

A Prayer of thanksgiving for the Vaccine

God of Hope, Sustainer of all life,
We give You thanks for the coronavirus vaccines,
for the skill and wisdom of scientists, NHS staff and key workers.
By the power of Your Spirit, may we overflow with hope
and joy as we see our friends, families and neighbours protected.
God of Justice, Protector of the vulnerable,
may we be your well-washed hands and willing feet. Move us to give
and act, to challenge the injustices that anger You.
May we seek to protect all Your children,
particularly those for whom the vaccine is out of reach.
With hope and trust we pray,
Amen.

(from the Christian Aid website)

Still worried about catching Covid? You won't get it from this leaflet,

Public Health England states that:

“the virus does not survive well for long periods outside the body and so it is highly unlikely that COVID-19 can be spread through post or packages.”

Since paper and cardboard are porous, they carry the lowest potency for the shortest period of time.

To further reassure you, when this leaflet is printed it is done so by a person wearing a mask and with sanitised hands.

***We would still like help to distribute our lockdown
“pewsheets”.***

Most of you will know by now that when the latest lockdown began, we temporarily expanded our weekly leaflet to include a little more news and other items we hoped might be of interest. Although some of us who were shielding have resumed attending church, there are still some people who have not been able to come back.

.We want to keep in touch with those members of the congregation who are staying at home at the present time, so we are asking those of you who are still able to attend church to help in one or more of the following ways:

- If you have a friend who used to come to church, you could put a copy of the weekly sheet through their letterbox each week
- Ask any friends that you may be in touch with if they would like a copy of this leaflet emailed to them each week
- Tell people that we are taking every precaution to keep everyone safe.

To arrange for copies to be emailed, or hand-delivered if you are unable to access the internet, phone Carol on 01642489568

email Carol at carolmbruce@yahoo.co.uk

or leave a note for Larry on the table at the back of the church.

We would prefer to email the leaflet to you, but if you have no Internet access we will endeavour to deliver a printed copy to you.

This leaflet will also be on the church website at

www.stcuthbertsormesby.org.uk

We will continue to produce this leaflet until social distancing and other restrictions have been lifted. When we return to normal, or everyone has resumed attending services, we will return to the pre-Covid form of leaflet.

And finally.....more from Elaine's Mum's book

The Dandelion

A dandelion breathes into this field
A thousand wishes waiting to be revealed.
A field of love and possibility
An opening up to graceful vulnerability

A dandelion cries in this field
A grief too large to shield
A field of heartbreak and of sorrow
Hold on to hope for tomorrow

A dandelion in this field
Shows a strength we all can wield
In a field of both sunshine and rain
A dandelion can only create from its pain



Please leave the order of service on the pew but take this leaflet away with you.

