



St Cuthberts Ormesby

Building the Church Building the Kingdom

SUNDAY 30TH MAY



TRINITY SUNDAY

WELCOME TO OUR CHURCH

A message from our Deacon, Revd. Janet Caldwell

It is great that we are now allowed to ring the church bells again and how lovely it is to hear them.

Although we cannot praise God with our voices, the bells, aided by our team of bellringers, will do so on our behalf and announce a Christian presence to our community.

People respond to God's call in various ways as individuals or as part of a worshipping community. The bells are a vital part of our mission stating 'Here we are!'

So hearing our bells is an important milestone on our route out of lockdown. They tell us that the Christian community is one that rejoices in the peace and love of Christ and is an ever present witness to the love of God.

'And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. "(Colossians 3:15)

yours in Christ

Deacon Janet

Please turn to page 5 of this leaflet for today's prayers and readings.

Regular services during lockdown

Sundays: Holy Communion at 10 a.m.

Our regular Sunday service of Holy Communion is still permitted ***on condition that we comply with the Government's rules.***

We are sorry to have to be so restrictive, but we must try to keep everyone safe, so as our services take place indoors:

- **you must wear a face covering while you are in the building**
- **you must come on your own or with members of your household or bubble**
- **you must not “mingle” with anyone else while you are in the building**
- **there will be communion in one kind only with no common cup**
- **congregational singing is not allowed**
- **we may not offer refreshments after the service**

Government guidance includes a request that we record the names of attendees and visitors.

Please enter your details on the attendance sheet or scan the QR code on your smartphone. These records are kept for 21 days, to assist track-and-trace if required. All information is dealt with as required by GDPR and the records will be securely disposed of after 21 days.

Café Church: This will be replaced by Holy Communion until further notice.

Wednesdays at 10.00: Holy Communion

(Please listen for announcements in church or check the pewsheet or website for any variations).

Parochial Church Council Annual General Meeting Today after the service

Please stay for this if you can. All are welcome to attend.

Check the church website or Facebook page for up- to- date news of any other activities at: www.stcuthbertsormesby.org.uk,

or contact one of the people listed below.

Deacon:	Revd. Janet Caldwell	01642 454790
Reader-in-training:	Elizabeth Furnell	01642 293108
Church Warden:	Janet Danks	01642 321347
Church Warden:	Elaine Boyle	07794621752

Wedding and Baptism enquiries

The Tuesday evening office hours at the church have been resumed. No need to book, just come along to St Cuthbert's on Tuesday evenings between 6pm and 7pm.

You can also fill in an online application, find it under "Life Events" in the menu bar on the Church's website at

www.stcuthbertsormesby.org.uk,

Safeguarding

Useful phone numbers:

Childline:	0800111	NSPCC:	08088005000
Womens Aid:	08088029999	Samaritans:	116123
Mind:	0300123339		

Diocese of York. Keep up with the news at:

www.dioceseofyork.org.uk/thenews

also available on the Church Website:

<https://stcuthbertsormesby.org.uk/newsletters/>

Giving: a message from our treasurer.

Hebrews 13.16:

“Do not neglect to do good and to share what you have”,
I would like to thank all those members of our congregation who have embraced contactless methods as well as those who are giving through the planned giving envelopes to continue to support St Cuthberts. Please continue to put away your weekly envelope contributions and If you can donate online please do so. All details are on our website If you are donating more than £30 you might consider gift aiding it; if you can't go on line, contact Ian for a form to fill in.



Smartphone owners, point your camera at the QR code to the left to open the web browser on your phone at a page allowing you to choose the amount you would like to donate.

The Collect for Trinity Sunday

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever.

The Bible Readings for Trinity Sunday

The Old Testament Reading, Isaiah 6:1-8

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

“Holy, holy, holy is the LORD of hosts;
the whole earth is full of his glory.”

The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: “Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of hosts!”

Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: “Now that this has touched your lips, your guilt has departed and your sin is blotted out.” Then I heard the voice of the Lord saying, “Whom shall I send, and who will go for us?” And I said, “Here am I; send me!”

The Epistle, Romans 8:12-17

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-- for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

The Gospel, John 3:1-17

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?"

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness,

so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

The Bible passages are reproduced from The New Revised Standard Version. (NRSV)

Post Communion Prayer for Trinity Sunday

Almighty and eternal God,
you have revealed yourself as Father, Son and Holy Spirit,
and live and reign in the perfect unity of love:
hold us firm in this faith,
that we may know you in all your ways
and evermore rejoice in your eternal glory,
who are three Persons yet one God,
now and for ever.

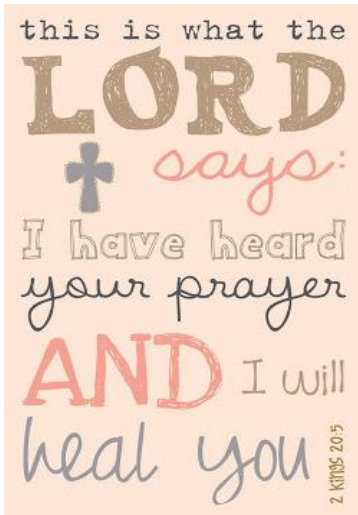
Some very sad news

Those of you who regularly use Ormesby Library will remember Val Abbott who was the Senior Library Assistant at Ormesby Library for many years until her retirement last year.

Val's son Kevin Daggett had been in hospital with sepsis and sadly passed away on Friday morning due to organ failure.

Kevin who was Val's only child, was only 42 and had two young children, Jennifer and Alfie.

Please remember Val and her family in your prayers.



A prayer for all those affected by coronavirus

Keep us, good Lord,
under the shadow of your mercy.
Sustain and support the anxious,
be with those who care for the sick,
and lift up all who are brought low;
that we may find comfort
knowing that nothing can separate us from
your love
in Christ Jesus our Lord.
Amen.

A Prayer of thanksgiving for the Vaccine

God of Hope, Sustainer of all life,
We give You thanks for the coronavirus vaccines,
for the skill and wisdom of scientists, NHS staff and key workers.
By the power of Your Spirit, may we overflow with hope
and joy as we see our friends, families and neighbours protected.
God of Justice, Protector of the vulnerable,
may we be your well-washed hands and willing feet. Move us to give
and act, to challenge the injustices that anger You.
May we seek to protect all Your children,
particularly those for whom the vaccine is out of reach.
With hope and trust we pray,
Amen.
(from the Christian Aid website)

Still worried about catching Covid? You won't get it from this leaflet,

Public Health England states that:

“the virus does not survive well for long periods outside the body and so it is highly unlikely that COVID-19 can be spread through post or packages.”

Since paper and cardboard are porous, they carry the lowest potency for the shortest period of time.

To further reassure you, when this leaflet is printed it is done so by a person wearing a mask and with sanitised hands.

We would still like help to distribute our lockdown “pewsheet”.

Most of you will know by now that when the latest lockdown began, we temporarily expanded our weekly leaflet to include a little more news and other items we hoped might be of interest. Although some of us who were shielding have resumed attending church, there are still some people who have not been able to come back.

.We want to keep in touch with those members of the congregation who are staying at home at the present time, so we are asking those of you who are still able to attend church to help in one or more of the following ways:

- If you have a friend who used to come to church, you could put a copy of the weekly sheet through their letterbox each week
- Ask any friends that you may be in touch with if they would like a copy of this leaflet emailed to them each week
- Tell people that we are taking every precaution to keep everyone safe.

To arrange for copies to be emailed, or hand-delivered if you are unable to access the internet, phone Carol on 01642489568

email Carol at carolmbruce@yahoo.co.uk

or leave a note for Larry on the table at the back of the church.

We would prefer to email the leaflet to you, but if you have no Internet access we will endeavour to deliver a printed copy to you.

This leaflet will also be on the church website at

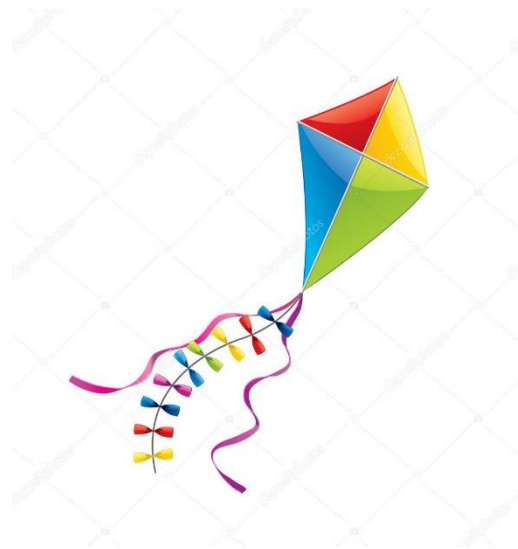
www.stcuthbertsormesby.org.uk

We will continue to produce this leaflet until social distancing and other restrictions have been lifted. When we return to normal, or everyone has resumed attending services, we will return to the pre-Covid form of leaflet.

Endpiece

(another verse from Elaine's Mum's little book of poems)

Kite



I often sit and wish that I
could be a kite up in the
sky,

I'd ride upon the breeze and
go whichever way that I
blow

I'd weave and dip among
the trees

And go higher on the wind

Oh how I wish that I could be that kite up in the sky ,
Instead I sit here on a bench and watch the world go by

Please leave the order of service on the pew but take this leaflet

