



St Cuthberts Ormesby

Building the Church Building the Kingdom

LENT
WALKING WITH CHRIST

Sunday 28th February

2nd Sunday of Lent

Welcome to our church

Can you help distribute our lockdown “pewsheet”?

Most of you will know by now that as well as the usual prayers, readings and information about forthcoming services we have expanded our weekly leaflet to include a little more news. We would like to distribute it to those members of the congregation who are shielding or avoiding leaving home at the present time.

So that we can achieve our aim of reaching as many people as possible, we are asking those of you who are still able to attend church to help in one or more of the following ways:

- If you have a friend who used to come to church, you could put a copy of the weekly sheet through their letterbox each week
- Ask any friends that you may be in touch with if they would like a copy of this leaflet emailed to them each week
- Tell your friends that it is still permitted to attend services and that we are taking every precaution to keep everyone safe.

To arrange for copies to be emailed, or hand-delivered if you are unable to access the internet, phone Carol on 01642489568 or

- email carolmbruce@yahoo.co.uk
- leave a note for Larry on the table at the back of the church

We would prefer to email the leaflet to you, but if you have no Internet access we will endeavour to deliver a printed copy to you.

This leaflet will also be on the church website at www.stcuthbertsormesby.org.uk

Please turn to page 6 of this leaflet for the prayers and readings for today

Regular services

Sundays

Holy Communion at 10 a.m.

Our regular Sunday service of Holy Communion is still permitted on condition that we comply with the Government's rules and the Church of England's guidelines as set out below:

- **you must wear a face covering while you are in the building**
- **you must come on your own or with members of your household or bubble.**
- **you must not "mingle" with anyone else while you are in the building.**
- **there will be communion in one kind only with no common cup**
- **singing is not allowed**
- **we may not offer refreshments after the service.**

We are sorry if we sound so negative, but we are only following the rules in order to keep everyone safe.

Café Church

This will be replaced by Holy Communion until further notice.

Wednesdays during Lent

Canon Peter Bristow has kindly offered to celebrate Holy Communion at 10am on Wednesday mornings during Lent.

Future services

Check the church website or Facebook page for up- to- date news of any other activities at:

www.stcuthbertsormesby.org.uk,

or contact one of the people listed below.

Deacon:	Revd. Janet Caldwell	01642 454790
Reader-in-training:	Elizabeth Furnell	01642 293108
Church Warden:	Janet Danks	01642 321347
Church Warden:	Elaine Boyle	07794621752

Services for Holy Week and Easter 2021

Palm Sunday, 28th March

10am Palm Sunday Holy Communion Service

Wednesday 31st March

10am Lent Holy Communion Service

Maundy Thursday, 1st April

6pm Service and stripping of the altar (commemorates the Washing of the Feet and Last Supper of Jesus Christ with the Apostles)

Good Friday, 2nd April

10am Walk of Witness from St Cuthbert's Church (*if coronavirus restrictions allow*)

2pm An Hour at the Cross (a time of reflection, meditation and prayer)

Sunday 4th April, Easter Sunday

10:00am Holy Communion for Easter Day Service

Wedding and Baptism enquiries

The Tuesday evening office hours at the church have been suspended until the spring.

You may make enquiries after the Sunday morning service, which you are welcome to attend, between 11 and 12. You can also contact us by email or phone 07715298711.

Safeguarding

Useful Phone numbers:

Childline: 0800111

NSPCC: 08088005000

Womens Aid: 08088029999

Samaritans: 116123

Mind: 0300123339

Giving: a message from our treasurer.

Hebrews 13.16: Do not neglect to do good and to share what you have,

I would like to thank all those members of our congregation who have embraced contactless methods as well as those who are giving through the planned giving envelopes to continue to support St Cuthberts.

Please continue to put away your weekly envelope contributions and

If you can donate online please do so. All details are on our website If you are donating more than £30 you might consider gift aiding it; if you can't go on line, contact Ian for a form to fill in



If you have a smart phone and you point your camera at the QR code to the left, it will prompt you to open the web browser on your phone at a page allowing you to choose one of the set amounts or choose to set the donation amount yourself. Default is a single donation but there is an option to set it to give the same amount each month.

Giving in more to the local community in Lent: food banks.

We have had a little rest from collecting food, but as the need for food banks continues we will resume collecting for the local food banks.

Deacon Janet has started what she calls “ a modest collection of goods at back of church” The items collected are distributed in the following ways:

- Food donated to Heron Foods goes to Brambles Farm and is collected by Sister Jane s team.
- Janet C. will take food collected by our church to the food bank depot for Middlesbrough.

- Janet will pass on any money you donate in lieu of goods to the Redcar bank.

On-Line Resources from the York Diocese

The New Prayer Diary

The latest Diocesan Prayer Diary is ready for you to download in a choice of two page layouts from the web page at:

www.dioceseofyork.org.uk/prayerdiary

Keep up with the news at:

www.dioceseofyork.org.uk/thenews

Some reading for Lent

#LIVE
LENT



God's Story
Our Story

THE CHURCH
OF ENGLAND

If you haven't managed to pick up a copy of this year's booklet at church you can go on line for daily emails of this great resource.

Website below.

<https://www.churchofengland.org/resources/liv Lent-2021-church-resources-gods-story-our-story>

If you prefer, you can buy a copy at £1.99 (postage extra) from Church House Publishing (distributors are Norwich Books and Music) at:

Tel: 01603 785923

Email: orders@norwichbooksandmusic.co.uk

Post: Norwich Books and Music, 13a Hellesdon Park Road, Norwich, NR6 5DR.

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Our Deacon, Janet Caldwell has been thinking about some paintings by the artist Stanley Spencer



This is a painting from a series called “Christ in the Wilderness”

Have you ever seen any of these wonderful pictures? Janet has been looking again at this painting of Christ with a scorpion and she writes:

“This picture depicts a thug who could knock your block off and the scorpion

is small yet deadly.

Jesus is shown in the wilderness pondering life and ministry. During Lent as we follow Jesus we learn that God has a ministry or calling for each of us and may find it a journey in which we learn to die to self and find God.”

If you have access to the Internet you might like to go to this website and see more of this series of paintings..

<https://www.wikiart.org/en/stanley-spencer/christ-in-the-wilderness-driven-by-the-spirit>

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The Collect for the second Sunday of Lent

Almighty God,
by the prayer and discipline of Lent
may we enter into the mystery of Christ’s sufferings,
and by following in his Way
come to share in his glory;
through Jesus Christ our Lord.

The Bible Readings for today

Old Testament Reading: Genesis 17:1-7, 15-16

When Abram was ninety-nine years old, the LORD appeared to Abram, and said to him, "I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you and will make you exceedingly numerous." Then Abram fell on his face; and God said to him, "As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you. God said to Abraham, "As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her."

The New Testament Reading: Romans 4:13-25

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Hoping against hope, he believed that he would become "the father of many nations," according to what was said, "So numerous shall your descendants be." He did not weaken in faith when he considered his own body, which was already as good as

dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith "was reckoned to him as righteousness." Now the words, "it was reckoned to him," were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

The Gospel Mark 8:31-38

Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

**All readings are taken from The New Revised Standard Version.
(NRSV)**

Post Communion Prayer

Almighty God,
you see that we have no power of ourselves to help ourselves:
keep us both outwardly in our bodies,
and inwardly in our souls;

that we may be defended from all adversities
which may happen to the body,
and from all evil thoughts which may assault and hurt the soul;
through Jesus Christ our Lord.

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6pm Prayers

The Archbishops of York and Canterbury have invited us to set aside time to pray every evening, at 6pm, if possible.

They wrote:

“More than ever, this is a time when we need to love each other. Prayer is an expression of love.”

A prayer for all those affected by coronavirus

Keep us, good Lord,
under the shadow of your mercy.
Sustain and support the anxious,
be with those who care for the sick,
and lift up all who are brought low;
that we may find comfort
knowing that nothing can separate us from your love
in Christ Jesus our Lord.

Amen.

From Common Worship Night Prayer (Compline).

Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.

From evil dreams defend our sight,
From fears and terrors of the night;
Tread underfoot our deadly foe
That we no sinful thought may know.

O Father, that we ask be done
Through Jesus Christ, your only Son;
And Holy Spirit, by whose breath
Our souls are raised to life from death.
Amen.

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Fund Raising

Lesley has sent an update:

The draw for the prize for the treasure hunt took place in front of a group participating virtually on Microsoft Teams. The winner of the £100 prize was Sue Gibb.

The sum of £400 was shared equally between the Masons and St. Cuthbert's, so Ian, our treasurer, has been able to put £200 in our coffers. The Tombola has raised £150 so far and there are still a few packets of tickets left

Contact Lesley on 0796409411 if you want to buy tickets for her online tombola.

Thank you Lesley for all your hard work. If you have any ideas for future fund raising, do get in touch with the churchwardens.

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Lenten Customs part two: why 40 days?

40 is a significant number in Judaism. In the Old Testament you can read about:

- Moses who spent **40 days** on Mount Sinai with God (Exodus 24:18)
- Elijah who took **40 days and nights** to walk to Mount Horeb (1 Kings 19:8)

- There were **40 days and nights** of rain in the great flood in the time of Noah (Genesis 7:4)
- The Hebrew people wandered **40 years** in the desert while travelling to the Promised Land (Numbers 14:33)
- Jonah gave an ultimatum of **40 days** to the city of Nineveh to repent or be destroyed (Jonah 3:4).
- In The New Testament of course, Jesus went into the wilderness where he fasted for **40 days** before he began his ministry .During this time he resisted the temptations of the devil (Matthew 4:1–2, Mark 1:12–13, Luke 4:1–2).

Some of you might not have noticed that if you count the days between Ash Wednesday and Easter Sunday there are more than 40 days. For the Protestant churches, including Anglicans, Lutherans and Methodists the season of Lent lasts from Ash Wednesday to the evening of Holy Saturday. This calculation makes Lent last 46 days if the 6 Sundays are included, but only 40 days if they are excluded.

Why don't Christians who observe Lent count Sundays -

because Sundays are celebrations of the death and resurrection of Jesus they are automatically considered days of joy and cannot be considered days of fasting.

When did Christians start to observe Lent?

As with so many of our traditions it's difficult to pinpoint when it became part of the Christian calendar. but most people think that it dates from the Council of Nicaea in AD 325

A note about capitalization.

My tame proof-reader asked me why I don't capitalize the personal pronouns, i.e. **Him** or **His** when referring to God or Jesus. My answer was that it seems to have gone out of fashion to do this. I am not being disrespectful, but it is grammatically incorrect to use capitals here. William Tyndale(1494 – 1536), the translator of one of the earliest English Bibles, didn't consistently capitalize **God**, let alone **He** or **Him** (or he or him). Neither Hebrew nor Greek distinguishes between lowercase and capital letters the way English does, so the original Scriptures provide no guidance.

It became very trendy during Victorian times to capitalize nouns for emphasis but it looks a little strange to us nowadays, In addition, capitalization can be confusing for younger readers who are not taught that pronouns used for God or Jesus should begin with a capital.

What do you think? If you want to express an opinion do send me an email at: carolmbruce@yahoo.co.uk.

Transmission of the virus via paper surfaces

Public Health England states that:

“the virus does not survive well for long periods outside the body and so it is highly unlikely that COVID-19 can be spread through post or packages.”

Aside from the manufacturing conditions of paper, plus the printing and distribution processes significantly decreasing the amount of viable particles required to infect someone, the material itself is not a good location for the virus to exist. The researchers found that the coronavirus lasts longest on smooth, non-porous surfaces such as plastic. Since paper and cardboard are porous, they carry the lowest potency for the shortest period of time.

To further reassure you, when this leaflet is printed it is done so by a person wearing a mask and with gloved or sanitised hands. If you are still worried about passing the virus on with this leaflet, isolate it for a couple of days and then handle it in a similar way.

Please leave the order of service on the pew but take this leaflet away with you.