

Singing for the Brain ®

Join us at our fun, stimulating **Singing for the Brain ®** sessions, for people living with dementia and their Carers in Acklam.



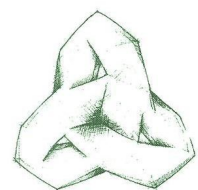
Coming to Acklam November 2016

When: Every fortnight on Tuesday, 2.00pm—3.30pm

Where: St Mary's Church Hall, Acklam, Middlesbrough

Starting on Tuesday 1st November 2016

For more information on Singing for the Brain ®
please contact: Audrey Till on 01642 442030
Or Maddy Fisher: maddy.fisher@trinitycentre.org



THE TRINITY CENTRE
NORTH ORMESBY

Singing for the Brain[®], Acklam

November-December 2016

Singing for the Brain[®] is a stimulating group activity for people living with dementia and their carers, which can help general well-being and confidence. You'll meet others with similar experiences in a relaxed setting, and can join in a variety of songs, as much or as little as you like.

Come along and give it a try!

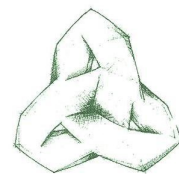
When: Every fortnight on a Tuesday, 2.00pm—3.30pm

Where: St Mary's Church Hall, Green Lane, Acklam, TS5 7RX

Next dates;

1st November, 15th November, 29th November

13th December



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**For more information about Singing for the Brain[®] or
your local services please contact:**

**Audrey Till: Middlesbrough office on 01642 442030 or
email. audrey.till@alzheimers.org.uk**